



Know the **Flu Facts**

- Vaccinated health-care workers = fewer patient deaths¹
- The influenza vaccine won't give you influenza. It contains only killed virus.²
- Pregnant? Immunization is recommended during the flu season.³

For more information on the Foil the Flu program, contact the Hospital Epidemiology Service at 301-496-2209 or visit <http://foiltheflu.nih.gov>.

1. Potter J, Stott DJ, Roberts MA, et al. Influenza vaccination of healthcare workers in long-term care hospitals reduces the mortality of elderly patients. *J Infect Dis* 1997;175:1-6.

2. Questions and Answers: Flu Shot. Seasonal Flu. Centers for Disease Control and Prevention. <http://www.cdc.gov/flu/about/qa/flushot.htm#cantheflu>

3. Influenza vaccination during pregnancy. Committee Opinion No. 468. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2010;116:1006-7.

