



Do you need help finding quality child care?

1-800-777-1720

NIH employees and contractors have
free unlimited access to the
NIH Child Care Resource & Referral Service.

A Work/Life Specialist can help you to assess your
family's needs and find resources on a range of topics,
such as:

- Evaluating care options
- Finding licensed providers
- Child Care Centers
- Family Child Care Homes
- Nanny care
- Pre-schools & Nursery
- Before & after school care
- Back-up care
- Summer camp
- Adoption resources
- Special needs resources
- College planning

This program is sponsored by
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For more information, visit:
<http://childcare.ors.nih.gov>

