



Do you need help finding quality child care?

**1-800-777-1720**

NIH employees and contractors have  
free unlimited access to the  
NIH Child Care Resource & Referral Service.

A Work/Life Specialist can help you to assess your  
family's needs and find resources on a range of topics,  
such as:

- Evaluating care options
- Finding licensed providers
- Child Care Centers
- Family Child Care Homes
- Nanny care
- Pre-schools & Nursery
- Before & after school care
- Back-up care
- Summer camp
- Adoption resources
- Special needs resources
- College planning

This program is sponsored by  
NIH Office of Research Services  
Division of Amenities and Transportation Services

For more information, visit:  
<http://www.ors.od.nih.gov/resource-referral-service>

