

**1. Title: “Ergonomics at home-How to make it work!” (October 5<sup>th</sup>, 2020, 11am-12pm).**

**Subject:** The COVID-19 pandemic threw everything off. Your office is now your kitchen or dining room table. You can't get comfortable and your struggling to stay productive. Ergonomics may help. We will discuss what you may be able to do ergonomically to get more comfortable at home.

**Presenter:**

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