adult•elder

NIH Cares about NIH Families. Learn more about the programs and services available to YOU and YOUR FAMILY.

Adult/Elder, Financial, Legal and Identity Theft Resource and Referral Services

NIH has contracted with LifeWork Strategies, Inc. to provide free, unlimited access to five types of resource and referral services: Child, Adult/Elder, Legal, Financial, and Identity Theft. This highly personalized professional service is available by calling 1-800-777-1720 between the hours of 8:00 am and 5:00 pm EST, Monday through Friday.

Back-up Care Program

NIH has contracted with Bright Horizons to offer NIH federal employees access to back-up care when they need to be at work and their regular adult/elder care is unavailable. NIH federal employees have access to in-home adult/elder care, and self-care (when YOU need care). Care can be provided in your home or in your loved one's home all over the United States. Register today at https://backupcare.ors.nih.gov.

Adult Care Support Listserv

The NIH Child and Family Programs manages a listserv focused on adult/elder care topics called: Adult Care Support. To subscribe to the email list, go to the NIH LISTSERV page: https://list.nih.gov. Browse the list or type Adult-Care-Support.

Lunch and Learn Seminars on Adult/Elder Care

NIH Child and Family Programs offers Lunch and Learn Seminars on various topics ranging from birth to caring for an elderly loved one. The seminars are webcast in real-time and are archived for future viewing. You can access these seminars by visiting https://www.ors.od.nih.gov/lunchlearnseminar.

If you have any questions, please contact the NIH Child and Family Programs team at (301) 402-8180.