



# Are you a member of the NIH Parenting Listserv?

*Sponsored by ORS Division of Amenities and Transportation*

This forum is available to the NIH community.  
Looking for a nanny share situation?  
A child-friendly neighborhood?  
A good pediatrician? A good school system?  
Playgrounds or other activities?  
You can ask for information and share opinions  
On any parenting or child care issue.



**NIH Parents** is an interactive e-mail list, managed through the NIH LISTSERV, that makes it easy for you to ask for and share information about child care and parenting issues with other NIH families. The NIH Parents list enables you to draw on the combined experience of all the subscribers.

## **\*\*\*\*\* To subscribe to the NIH Parents Listserv \*\*\*\*\***

➤ Send an e-mail addressed to [LISTSERV@LIST.NIH.GOV](mailto:LISTSERV@LIST.NIH.GOV) with the following text in the message body:

**subscribe parenting\_list (your name)** *(substituting your first and last name for your name).*

➤ You will receive a confirmation when you are subscribed, with additional guidance about the list and its rules. Please read this guidance carefully, it contains useful information that will help you maximize the list's benefits.

➤ If you have any problems with your subscription or have further questions, please e-mail [NIHParents@od.nih.gov](mailto:NIHParents@od.nih.gov).

## **The NIH Parenting Listserv is a Helpful Service!**

For more information about NIH Parenting Listserv visit:

<http://www.ors.od.nih.gov/parentinglistserv>