

## [R&R Legal Consultation](#)

0:04

NIH cares about the well-being of you and your family. We are excited to share with you a useful service available to NIH employees, contractors, trainees, and fellows through the NIH Child and Family Programs, the NIH resource and referral service. This service is provided by Adventist Healthcare Lifework Strategies and offers five types of assistance to meet your personal and family needs.

0:33

They are financial consultation, legal consultation, identity theft prevention, adult and elder care, and child care.

0:44

During this short presentation, I will provide details about the legal consultation service.

0:54

When a legal issue disrupts your life, it can create a considerable amount of stress for you and your family. To help minimize that impact, NIH offers services to assist with managing the many complexities of these events.

1:09

Through this service, you and your dependents have access to one free 30-minute consultation with a local attorney per legal issue.

1:19

This service is available via phone or in person and is completely confidential.

1:29

Through our nationwide network of professionals, these services can save you time while providing valuable information and peace of mind.

1:39

Consultations are meant to be short-term and solution-focused. Should you need longer than the 30-minute consultation and choose to continue with the same provider, you can get a discounted rate for future sessions. For your convenience, 24-hour emergency services are available

1:58

if you have an urgent matter arise at any time of the day. You can call about topics such as: civil and consumer issues, elder law, personal and family issues, real estate questions, criminal matters, IRS matters, and estate planning, just to name a few. This list scratches the surface of common issues. If you are unsure about whether something classifies as a legal issue, feel free to call the resource and referral service line

2:34

and we'll be happy to get you connected to the help that you need.

2:41

A question you may have is: what happens when I call the resource and referral service line? You will speak with one of our friendly intake specialists who will complete a brief assessment and you will then get connected to the service that best fits your needs. As a reminder, the service is 100% confidential and accessible 24 hours a day, 7 days a week.

3:08

Be sure to check out the other NIH resource and referral services: financial consultation, ID theft prevention, child care, and adult and elder Care.

3:25

Support is only a phone call away! To reach a Work/Life specialist, call 1-800-777-1720. To learn more about other NIH child/adult/elder/family resources, visit the NIH Child and Family Programs website at [www.childfamilycare.ors.nih.gov](http://www.childfamilycare.ors.nih.gov).