### WEEKLY SUPER SIX $ MEAL DEAL
- **half sandwich and 8oz. Soup**
  - $6.00

### BREAKFAST
- **sensible breakfast: egg white and vegetable sandwich**
  - $2.29
- **self-serve breakfast items: scrambled eggs and breakfast meats**
  - vary
- **hot breakfast: cereal and grits**
  - $1.50 / $2.00 / $2.50

### LUNCH
- **soup of the day: garden vegetable**
  - $2.80 / $3.80 / $4.80
- **butcher baker: pork with bacon and cheddar cheese**
  - $8.50
- **create: seafood linguine**
  - $13.48
- **chefjet: sweet and sour pineapple pork**
  - $8.48
- **2mato: sicilian stromboli**
  - $4.99
- **sensible selection salad: red beet and orange salad**
  - $0.45/oz

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### BREAKFAST
- **sensible breakfast: egg white and vegetable sandwich**
  - $2.29
- **self-serve breakfast items: scrambled eggs and breakfast meats**
  - vary
- **hot breakfast: cereal and grits**
  - $1.50 / $2.00 / $2.50

### LUNCH
- **soup of the day: tomato basil bisque**
  - $2.80 / $3.80 / $4.80
- **butcher baker: mozzarella caprese baguette**
  - $7.48
- **chef table: taco cantina**
  - $10.48
- **chef jet: sweet and sour pineapple pork**
  - $8.48
- **2mato: meat lovers calzone**
  - $4.99
- **sensible selection salad: quinoa and black bean salad**
  - $0.45/oz

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### BREAKFAST
- **sensible breakfast: egg white and vegetable sandwich**
  - $2.29
- **self-serve breakfast items: scrambled eggs and breakfast meats**
  - vary
- **hot breakfast: cereal and grits**
  - $1.50 / $2.00 / $2.50

### LUNCH
- **soup of the day: curried rice and lentil**
  - $2.80 / $3.80 / $4.80
- **butcher baker: chicken artichoke italiano sub**
  - $7.48
- **create: masala featuring makhani chicken and coconut curry fish**
  - $8.48
- **chef jet: asian beef with sweet and sour sauce**
  - $8.48
- **2mato: italian market stromboli**
  - $4.99
- **sensible selection salad: crispy baked tofu**
  - $0.45/oz

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### BREAKFAST
- **sensible breakfast: egg white and vegetable sandwich**
  - $2.29
- **self-serve breakfast items: scrambled eggs and breakfast meats**
  - vary
- **hot breakfast: cereal and grits**
  - $1.50 / $2.00 / $2.50

### LUNCH
- **Take Your Child to Work Day!**
  - $2.80 / $3.80 / $4.80
- **butcher baker: tuna salad on wheat**
  - $4.19
- **create: YMCA 2018**
  - $8.00
- **chef jet: pho**
  - $8.48
- **sensible selection salad: cooked wheat berries**
  - $0.45/oz

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### BREAKFAST
- **sensible breakfast: egg white and vegetable sandwich**
  - $2.29
- **self-serve breakfast items: scrambled eggs and breakfast meats**
  - vary
- **hot breakfast: cereal and grits**
  - $1.50 / $2.00 / $2.50

### LUNCH
- **soup of the day: vegetable beef barley**
  - $2.80 / $3.80 / $4.80
- **butcher baker: roast beef with spicy onions**
  - $7.48
- **create: nigerian stew over rice and plantains**
  - $8.48
- **chefjet: thai curry vegetable and tofu**
  - $8.48
- **2mato: sicilian calzone**
  - $4.99
- **sensible selection salad: red onion, tomato and cucumber salad**
  - $0.45/oz

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**THIS WEEK’S CHEF’S TABLE**

**TACO CANTINA**

- **$11.48**

**CHEF TABLES**

- with **chef nestor**
- tuesdays in **10B1**

**MONTHLY FEATURES**

- **my caps off to you**
- 2 for $3 or $1.85 each

- **bubly**

- **THE MONTHLY SUPERFOOD & HERBS & SPICES**

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**Café 10b1**

**au bon pain**

**AUSTIN GRILL**

**B&B**

**CHEFJET**

**CREATE**

**CRISP**

**ONGO**

- **café phone number:** (301) 496-2929
- **food service director:** kenneth mcmaster / kenneth.mcmaster@compass-usa.com
- **executive chef:** nestor nacipucha / nestor.nacipucha@compass-usa.com
- **weekday hours:** 6:30am-3:00pm, Monday-Friday