**Week of 8-19-19 Monday - Friday 6:30am-2:30pm**

**THIS WEEK'S FEATURES**

**Monday**
- Sensible breakfast sandwich: egg white, veggie english muffin
- Create: blackened chicken caesar salad
- Better for you grill: zucchini and sweet potato burger

**Tuesday**
- Sensible breakfast sandwich: egg white, veggie english muffin
- Create: pork carnitas bowl
- Sensible entree: huli huli chicken

**Wednesday**
- Sensible breakfast sandwich: egg white, veggie english muffin
- Create: blackened chicken caesar salad
- Kitchen & co: BBQ pulled pork

**Thursday**
- Sensible breakfast sandwich: egg white, veggie english muffin
- Create: join us outside for a bbq!
- Kitchen & co: grilled jerk chicken

**Friday**
- Sensible breakfast sandwich: egg white, veggie english muffin
- Kitchen & co: Cajun grilled catfish
- Better for you grill: zucchini and sweet potato burger

**SOUP**
- 2.89 | 3.80 | 4.89
- **Monday**
  - Garden vegetable
- **Tuesday**
  - Tomato basil bisque
- **Wednesday**
  - Curried rice and lentil
- **Thursday**
  - Closed
- **Friday**
  - Vegetable minestrone

**SANDWICHES**
- **Butcher + Baker** | 7.75
  - Grilled pesto chicken flatbread melt
  - Pastrami and pepperjack
  - Eggplant Portobello sub
- **Carvery** | 8.75
  - South signature turkey club
  - Includes a pickle and your choice of side

**QUESTIONS?**
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