<table>
<thead>
<tr>
<th>Weekday</th>
<th>Date</th>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday, August 22, 2018</strong></td>
<td></td>
<td>sensibel breakfast: egg and cheese on whole wheat english muffin</td>
<td>soup of the day: garden vegetable</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $2.39</td>
<td>price: $2.89 / $3.80 / $4.89</td>
</tr>
<tr>
<td></td>
<td></td>
<td>self-serve breakfast items: scrambled eggs and breakfast meats</td>
<td>butcher &amp; baker: asian flat round steak</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: vary</td>
<td>price: $8.75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>hot breakfast cereal and grits</td>
<td>entreé: white bean tomato pesto</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $1.59 / $2.09 / $2.59</td>
<td>sensible selection grill: turkey and quinoa patty</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $5.79</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>create: fajita salad</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $9.69</td>
</tr>
<tr>
<td><strong>Thursday, August 23, 2018</strong></td>
<td></td>
<td>sensibel breakfast: egg and cheese on whole wheat english muffin</td>
<td>soup of the day: curried rice and lentil</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $2.39</td>
<td>price: $2.89 / $3.80 / $4.89</td>
</tr>
<tr>
<td></td>
<td></td>
<td>self-serve breakfast items: scrambled eggs and breakfast meats</td>
<td>butcher &amp; baker: asian flat round steak</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: vary</td>
<td>price: $8.75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>hot breakfast cereal and grits</td>
<td>entreé: coconut curry chicken</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $1.59 / $2.09 / $2.59</td>
<td>sensible selection grill: turkey and quinoa patty</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $5.79</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>create: revolution noodle</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $8.69</td>
</tr>
<tr>
<td><strong>Friday, August 24, 2018</strong></td>
<td></td>
<td>sensibel breakfast: egg and cheese on whole wheat english muffin</td>
<td>soup of the day: vegetable minestrone</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $2.39</td>
<td>price: $2.89 / $3.80 / $4.89</td>
</tr>
<tr>
<td></td>
<td></td>
<td>self-serve breakfast items: scrambled eggs and breakfast meats</td>
<td>butcher &amp; baker: asian flat round steak</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: vary</td>
<td>price: $8.75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>hot breakfast cereal and grits</td>
<td>entreé: chimichurri tilapia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>price: $1.59 / $2.09 / $2.59</td>
<td>sensible selection grill: turkey and quinoa patty</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $5.79</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>create: monster potato</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>price: $8.69</td>
</tr>
</tbody>
</table>

**EGG SALAD SANDWICH**  
$6.00

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**CHEF'S TABLE**  
seared scallop with quinoa asparagus salad  
$15.69

**CHEF TABLES**  
with chef oscar  
thursdays in 31

---

**MONTHLY PROMOTIONS**  
#MORE FRUIT NVEG  
TANGE THE CHALLENGE

cafe 31

daily features

---

**THIS WEEK'S CHEF TABLE**

seared scallop with quinoa asparagus salad  
$15.69

---

**CAFE PHONE NUMBER**  
(301) 496-6130

**INTERIM FOOD SERVICE DIRECTOR**  
Adam Wakeling  
adam.wakeling@compass-usa.com

**EXECUTIVE CHEF**  
Oscar Montesinos  
oscar.montesinos@compass-usa.com

**WEEKDAY HOURS**  
6:30am-2:30pm, Monday-Friday

---

**THIS WEEK'S CHEF TABLE**

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$15.69

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