Mon | Sensible Breakfast Sandwich | 3.99
---|-----------------------------|-----
egg and cheese on wheat english muffin
Create 10:
seafood pasta
Better for You Grill:
mushroom tofu tacos

Tue | Sensible Breakfast Sandwich | 3.99
---|-----------------------------|-----
egg and cheese on wheat english muffin
Create:
came asada
Sensible Entree:
Stuffed greek chicken breast

Wed | Sensible Breakfast Sandwich | 3.99
---|-----------------------------|-----
egg and cheese on wheat english muffin
Create:
revolution noodle
Hearth Entree:
Masala indian cuisine chicken coconut curry

Thu | Sensible Breakfast Sandwich | 3.99
---|-----------------------------|-----
egg and cheese on wheat english muffin
Create:
salmon earth bowl
Kitchen & Co:
Chicken and bock choy

Fri | Sensible Breakfast Sandwich | 3.99
---|-----------------------------|-----
egg and cheese on wheat english muffin
Create:
Asian fire shrimp
Kitchen & Co:
Lemon hertbfish

Soup:
- 2.89 | 3.80 | 4.89
  - Monday:
garden vegetable
  - Tuesday:
tomato basil bisque
  - Wednesday:
curried rice and lentil
  - Thursday:
vegetable beef barley
  - Friday:
vegetable minestrone

Sandwiches:
- Butcher + Baker | 7.75
  - Turkey Ruben
  - Primavera pita melt
  - Grill Cajun chicken
  - Asian flank steak | 8.75
  - Includes a pickle and your choice of side