### Weekly Super Six Meal Deal

**Chicken Parmesan Sub**

- **Monday, August 27, 2018**
  - **Breakfast**
    - Sensible Breakfast: Egg White Vegetable Sandwich: $2.39
    - Self-serve Breakfast Items: Scrambled Eggs and Breakfast Meats
      - Hot Breakfast Cereal and Grits
    - LUNCH
      - Soup of the Day: Garden Vegetable: $2.89 / $3.80 / $4.89
      - Butcher & Baker: Carved Turkey Breast: $8.75
      - Entree: Potato and Poblano Quesadillas: $6.69
      - Sensible Selection Grill: Turkey and Quinoa Patty: $5.79
      - Create: Alfredo Pasta: $9.69

**Meridan Crab Cake**

- **Monday, August 27, 2018**
  - **Breakfast**
    - Sensible Breakfast: Egg White Vegetable Sandwich: $2.39
    - Self-serve Breakfast Items: Scrambled Eggs and Breakfast Meats
      - Hot Breakfast Cereal and Grits
    - LUNCH
      - Soup of the Day: Tomato Basil Bisque: $2.89 / $3.80 / $4.89
      - Butcher & Baker: Carved Turkey Breast: $8.75
      - Entree: Chipotle Chicken with Peach: $7.69
      - Sensible Selection Grill: Turkey and Quinoa Patty: $5.79
      - Create: Seafood Cioppino: $12.69

### Daily Features

**Wednesday, August 29, 2018**

- **Breakfast**
  - Sensible Breakfast: Egg White Vegetable Sandwich: $2.39
  - Self-serve Breakfast Items: Scrambled Eggs and Breakfast Meats
    - Hot Breakfast Cereal and Grits
  - LUNCH
    - Soup of the Day: Curried Rice and Lentil: $2.89 / $3.80 / $4.89
    - Butcher & Baker: Carved Turkey Breast: $8.75
    - Entree: Chicken Makhani: $7.69
    - Sensible Selection Grill: Turkey and Quinoa Patty: $5.79
    - Create: Monster Potato: $8.69

**Thursday, August 30, 2018**

- **Breakfast**
  - Sensible Breakfast: Egg White Vegetable Sandwich: $2.39
  - Self-serve Breakfast Items: Scrambled Eggs and Breakfast Meats
    - Hot Breakfast Cereal and Grits
  - LUNCH
    - Soup of the Day: Vegetable Beef Barley: $2.89 / $3.80 / $4.89
    - Butcher & Baker: Carved Turkey Breast: $8.75
    - Entree: Coconut Chicken: $7.69
    - Sensible Selection Grill: Turkey and Quinoa Patty: $5.79
    - Create: Maryland Crab Cakes: $15.69

**Friday, August 31, 2018**

- **Breakfast**
  - Sensible Breakfast: Egg White Vegetable Sandwich: $2.39
  - Self-serve Breakfast Items: Scrambled Eggs and Breakfast Meats
    - Hot Breakfast Cereal and Grits
  - LUNCH
    - Soup of the Day: Vegetable Minestrone: $2.89 / $3.80 / $4.89
    - Butcher & Baker: Carved Turkey Breast: $8.75
    - Entree: Coconut Chicken: $9.69
    - Sensible Selection Grill: Turkey and Quinoa Patty: $5.79
    - Create: Monster Potato: $8.69

### Other Promotions

- **Café 31**
  - **Daily Features**
  - **Monthly Promotions**
  - **Chef Tables**
    - **Meridan Crab Cake**
      - $15.69
  - **Chef Tables with Chef Oscar**
    - **Thursdays in 31**

---

**Contact Information**

- **Café Phone Number:** (301) 496-6130
- **Interim Food Service Director:** Adam Wakeling / adam.wakeling@compass-usa.com
- **Executive Chef:** Oscar Montesinos / oscar.montesinos@compass-usa.com
- **Weekday Hours:** 6:30 am - 2:30 pm, Monday-Friday