WEEKLY SUPER SIX $ MEAL DEAL

chicken parmesan sandwich $6.00

sensible breakfast: egg & cheese whole wheat english muffin $2.29
self-serve breakfast items: scrambled eggs and breakfast meats vary
hot breakfast cereal and grits $1.50 / $2.00 / $2.50

LUNCH - TODAY IS "MEATLESS MONDAY"!
soups of the day: chicken gumbo & corn chowder $2.80 / $3.80 / $4.80
meatless monday: white bean and tomato penne $0.45/oz
butcher + baker carvery: asian grilled flank steak $8.50
butcher + baker premade artisan sandwiches: turkey and mushroom meatball, california vegetable panini, chipotle chicken and bacon $7.50

LUNCH - TUESDAYS ARE "SENSIBLE SELECTION" DAY!
low sodium soups of the day: tomato basil bique & italian wedding $2.80 / $3.80 / $4.80
sensible selection: honey hoisin pork loin $0.45/oz
american classics: macaroni and cheese $8.50
butcher + baker carvery: asian grilled flank steak $8.50
butcher + baker premade artisan sandwiches: turkey and mushroom meatball, california vegetable panini, chipotle chicken and bacon $7.50

LUNCH
soup of the day: wild mushroom bisque & baked stuffed potato $2.80 / $3.80 / $4.80
hearth entree: masala featuring coconut tofu curry & chicken mahkini $0.45/oz
butcher + baker carvery: asian grilled flank steak $8.50
butcher + baker premade artisan sandwiches: turkey and mushroom meatball, california vegetable panini, chipotle chicken and bacon $7.50

LUNCH
soup of the day: broccoli cheddar & red bean rice and sausage $2.80 / $3.80 / $4.80
fish market friday: chimichurri tilapia $0.45/oz
$0.45/oz
butcher + baker carvery: asian grilled flank steak $8.50
butcher + baker premade artisan sandwiches: turkey and mushroom meatball, california vegetable panini, chipotle chicken and bacon $7.50

LUNCH
soup of the day: tomato lentil & clam chowder $2.80 / $3.80 / $4.80
fish market friday: chinmichur tiltapia $0.45/oz
$0.45/oz
butcher + baker carvery: asian grilled flank steak $8.50
butcher + baker premade artisan sandwiches: turkey and mushroom meatball, california vegetable panini, chipotle chicken and bacon $7.50

food service director: samantha vick-mcgill/samantha.vickmcgill@compass-usa.com
executive chef: adam wakeling / adam.wakeling@compass-usa.com
weekday hours: 6:30am-2:30pm, Monday-Friday