Monday, November 5, 2018

BREAKFAST
- Sensible selection breakfast: egg white & veggies on English muffin
  - $2.39

Self-serve breakfast items: scrambled eggs and breakfast meats
- Hot breakfast cereal and grits: $1.59/$2.09/$2.59
  - $0.47/oz

Make your own waffle

LUNCH
- Soups: Wild mushroom bisque & vegetable minestrone
  - Reduced sodium soups of the day: Swiss chard & vegetable beef barley
  - $2.89 / $3.80 / $4.89

Meatless Monday: Lentil & pecan stuffed portobello
- $0.47/oz

Superfood entree: Chicken barley stew with sage & mushrooms
- $0.47/oz

Butcher + Baker Carvery: Roast beef with mushroom & bleu cheese
- $8.75

Butcher + Baker Premade Artisan Sandwiches: Buffalo chicken sandwich, black forest ham with brie & greek salad flatbread
- $7.75

Tuesday, November 6, 2018

BREAKFAST
- Sensible selection breakfast: egg white & veggies on English muffin
  - $2.39

Self-serve breakfast items: scrambled eggs and breakfast meats
- Hot breakfast cereal and grits: $1.59/$2.09/$2.59
  - $0.47/oz

Make your own waffle

LUNCH - TUESDAY'S ARE "SENSIBLE SELECTION" DAY!
- Reduced sodium soups of the day: Swiss chard & vegetable beef barley
  - $2.89 / $3.80 / $4.89

Sensible selection: Roast pork loin
- $0.47/oz

Flame: Marketplace signature lamb burger
- $8.69

Butcher + Baker Carvery: Roast beef with mushroom & bleu cheese
- $8.75

Butcher + Baker Premade Artisan Sandwiches: Buffalo chicken sandwich, black forest ham with brie & greek salad flatbread
- $7.75

Wednesday, November 7, 2018

BREAKFAST
- Food with purpose: Chorizo mushroom scramble taco
  - $4.39

Self-serve breakfast items: scrambled eggs and breakfast meats
- Hot breakfast cereal and grits: $1.59/$2.09/$2.59
  - $0.47/oz

Make your own waffle

LUNCH
- Soup of the day: Baked stuffed potato & black bean
  - $2.89 / $3.80 / $4.89

Heath entree: Masala featuring coconut tofu curry & chicken makhani
- $0.47/oz

Butcher + Baker Carvery: Roast beef with mushroom & bleu cheese
- $8.75

Butcher + Baker Premade Artisan Sandwiches: Buffalo chicken sandwich, black forest ham with brie & greek salad flatbread
- $7.75

Flame: Housemade turkey burgers
- $6.35

Thursday, November 8, 2018

BREAKFAST
- Food with purpose: Chorizo mushroom scramble taco
  - $4.39

Self-serve breakfast items: scrambled eggs and breakfast meats
- Hot breakfast cereal and grits: $1.59/$2.09/$2.59
  - $0.47/oz

Make your own waffle

LUNCH
- Soup of the day: Broccoli cheddar
  - $2.89 / $3.80 / $4.89

Kichen&Co: Build your own tacos!
- $0.47/oz

Butcher + Baker Carvery: Roast beef with mushroom & bleu cheese
- $8.75

Butcher + Baker Premade Artisan Sandwiches: Buffalo chicken sandwich, black forest ham with brie & greek salad flatbread
- $7.75

Flame: Hand-formed beef burgers
- $6.35

Friday, November 9, 2018

BREAKFAST
- Sensible selection breakfast: egg white & veggies on English muffin
  - $2.39

Self-serve breakfast items: scrambled eggs and breakfast meats
- Hot breakfast cereal and grits: $1.59/$2.09/$2.59
  - $0.47/oz

Make your own waffle

LUNCH
- Soup of the day: Clam chowder
  - $2.89 / $3.80 / $4.89

Fish market Friday: Local catfish, grilled with cajun seasoning
- $0.47/oz

Warm dessert feature: Sweet potato pie with buttermilk cream
- $0.47/oz

Butcher + Baker Carvery: Roast beef with mushroom & bleu cheese
- $8.75

Butcher + Baker Premade Artisan Sandwiches: Buffalo chicken sandwich, black forest ham with brie & greek salad flatbread
- $7.75

Flame: Fish market sustainable salmon
- $8.69

Food service director: Samantha Vick-McGill / samantha.vickmcgill@compass-usa.com
Weekday hours: 6:30am-2:30pm, Monday-Friday