### Monday, January 7, 2019

**BREAKFAST**
- Breakfast: egg white & veggies on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH - MEATLESS MONDAY**
- Meatless soups of the day: wild mushroom brie & minestrone $2.89 / $3.80 / $4.89
- Meatless Monday feature: sweet potato & black bean chili $0.47/oz
- Kitchen&co: braised chicken with smoky paprika $8.75
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75

**BREAKFAST**
- Sensible selection breakfast: egg white & veggies on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH - SENSIBLE SELECTION**
- Sensible selection soups: bean swiss chard & vegetable beef barley $2.89 / $3.80 / $4.89
- Sensible selection entrée: baked pork loin with apple cranberry sauce $0.47/oz
- Fit Flame: honey dijon chicken $4.99
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75

### Tuesday, January 8, 2019

**BREAKFAST**
- Sensible selection breakfast: egg white & veggies on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH**
- Soup of the day: baked stuffed potato & vegetarian chili $2.89 / $3.80 / $4.89
- Hearth entrée: masala featuring coconut tofu curry & chicken mahkini $0.47/oz
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75

### Wednesday, January 9, 2019

**BREAKFAST**
- Sensible selection breakfast: egg & cheese on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH**
- Soup of the day: broccoli cheddar & french moroccan lentil $2.89 / $3.80 / $4.89
- Kitchen&co: turkey for a change taco bar $0.47/oz
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75

### Thursday, January 10, 2019

**BREAKFAST**
- Sensible selection breakfast: egg & cheese on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH**
- Soup of the day: clam chowder & chicken noodle $2.89 / $3.80 / $4.89
- Fish market: chimichurri tilapia $0.47/oz
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75
- Warm dessert feature: housemade apple crisp $0.47/oz

### Friday, January 11, 2019

**BREAKFAST**
- Sensible selection breakfast: egg & cheese on whole wheat english muffin $2.39
- Self-serve breakfast items: scrambled eggs and breakfast meats vary
- Hot breakfast: cereal and grits $1.59/$2.09/$2.59
- Make your own waffle $0.47/oz

**LUNCH**
- Soup of the day: clam chowder & chicken noodle $2.89 / $3.80 / $4.89
- Fish market: chimichurri tilapia $0.47/oz
- Butcher + Baker carvery: molasses braised brisket $8.75
- Butcher + Baker premade artisan sandwiches: spicy soy pork on brioche, turkey cheddar club, green salad flatbread $7.75
- Warm dessert feature: housemade apple crisp $0.47/oz

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**Eurest**

Food service director: samantha.vickmcgill@compusa.com
Chef: jake.concepcion@compusa.com
Weekday hours: 6:30am-2:30pm, Monday-Friday