### Thursday, December 20, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Sensible selection salad: house made spinach-basil vinaigrette
  - Price: $0.47/oz

**LUNCH**
- Deli: Sage roasted carved turkey sandwich
  - Price: $6.49

- Chef's Choice: Earth bowl with grilled salmon
  - Price: $12.69

- Entree: Wing Wednesday at Balance Kitchen
  - Price: $0.47/oz

**DINNER**
- Live Grill: Grilled Shrimp Caesar salad to order
  - Price: $10.69

### Friday, December 21, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Sensible selection salad: marinated mushrooms composed salad
  - Price: $0.47/oz

**LUNCH**
- Deli: Canevay: Sage roasted turkey
  - Price: $6.49

- Create: Bahn Mi
  - Price: $8.69

- Entree: Fish Market Friday at Balance Kitchen
  - Price: $8.69

**DINNER**
- Live Grill: Grilled Shrimp Caesar salad to order
  - Price: $10.69

### Saturday, December 22, 2018

**BREAKFAST**
- All day waffle bar
  - Price: $3.99

**ALL DAY**
- Salad bar
  - Balsamic roasted brussel sprouts composed salad
    - Price: $0.47/oz
  - Soup of the day: Garden vegetable
    - Price: $2.89/$3.80/$4.89

**LUNCH**
- Deli: Turkey club with cheddar on artisan roll
  - Price: $6.49

- Create: Pasta Bar
  - Price: $12.69

- Flexitarian entree: Lentil pecan stuffed mushrooms
  - Price: $6.69

**DINNER**
- Live Grill: Angus burger grilled to order
  - Price: $6.19

- Entree: Turkey meatloaf
  - Price: $7.69

### Sunday, December 23, 2018

**BREAKFAST**
- All day waffle bar
  - Price: $3.99

**ALL DAY**
- Salad bar
  - Price: $0.47/oz

**LUNCH**
- Herbs roasted chicken
  - Price: $8.48

**DINNER**
- Philly cheesesteak on artisan roll
  - Price: $5.99

### Monday, December 17, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Salad bar: Balsamic roasted brussel sprouts composed salad
  - Price: $0.47/oz

- Soup of the day: Garden vegetable
  - Price: $2.89/$3.80/$4.89

**LUNCH**
- Deli: Turkey club with cheddar on artisan roll
  - Price: $6.49

- Create: Pasta Bar
  - Price: $12.69

- Flexitarian entree: Lentil pecan stuffed mushrooms
  - Price: $6.69

**DINNER**
- Live Grill: Angus burger grilled to order
  - Price: $6.19

- Entree: Turkey meatloaf
  - Price: $7.69

### Tuesday, December 18, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Sensible selection salad: Tabbouleh composed salad
  - Price: $0.47/oz

**LUNCH**
- Deli: Classic caprese
  - Price: $6.49

- Create: Pho
  - Price: $8.69

- Fit entree: Maple mustard pork with apples
  - Price: $7.69

- Grill: Honey dijon grilled chicken sandwich
  - Price: $5.69

**DINNER**
- Live Grill: Angus burger
  - Price: $5.99

- Entree: Carved sage turkey
  - Price: $0.47/oz

### Wednesday, December 19, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on whole wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Sensible selection salad: crispy baked tofu
  - Price: $0.47/oz

**LUNCH**
- Deli: Black forest ham and smoked gouda on baguette
  - Price: $6.49

- Chef's Choice: Earth bowl with grilled salmon
  - Price: $12.69

- Entree: Wing Wednesday at Balance Kitchen
  - Price: $0.47/oz

**DINNER**
- Live Grill: Grilled fish of the day made to order
  - Price: $5.99

- Entree: Baked potato bar
  - Price: $0.47/oz

### Friday, December 21, 2018

**BREAKFAST**
- Sensible selection breakfast: egg white and veggies on wheat english muffin
  - All Day
  - Price: $2.39

**ALL DAY**
- Sensible selection salad: marinated mushrooms composed salad
  - Price: $0.47/oz

**LUNCH**
- Deli: Canevay: Sage roasted turkey
  - Price: $6.49

- Create: Bahn Mi
  - Price: $8.69

- Entree: Fish Market Friday at Balance Kitchen
  - Price: $8.69

**DINNER**
- Live Grill: Grilled Shrimp Caesar salad to order
  - Price: $10.69

- Super $6 Half sandwich and small soup
  - Price: $6.00

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**Weekday hours:** 6:30am-8:00pm, Monday-Friday

**Weekend hours:** 8:00am-6:00pm, Saturday & Sunday

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**Food service director:** Justin Bush / justin.bush@compass-usa.com

**Executive chef:** Alex Hernandez / alexander.hernandez@compass-usa.com

**Sous chef:** Roderick Snipes / roderick.snipes@compass-usa.com