## This Week's Features

### SENSIBLE BREAKFAST SANDWICH
- **MON:**
  - Egg white veggie english muffin
  - Vegetable parmesan penne pasta

- **TUE:**
  - Egg white veggie english muffin
  - Curried rice & lentil soup

- **WED:**
  - Egg white veggie english muffin
  - Mojo roasted pork

- **THU:**
  - Egg white veggie english muffin
  - Cajun grilled catfish

- **FRI:**
  - Egg white veggie english muffin
  - Creole grilled catfish

- **SAT:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

- **SUN:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

### FLEXITARIAN ENTREE
- **MON:**
  - Vegetable parmesan penne pasta
  - Earth bowl with salmon

- **TUE:**
  - Vegetable parmesan penne pasta

- **WED:**
  - Chicken parmesan

- **THU:**
  - Chicken parmesan

- **FRI:**
  - Chef will- crepes & grits

- **SAT:**
  - Chef will- crepes & grits

- **SUN:**
  - Chef’s choice

### CREATE
- **MON:**
  - Earth bowl with salmon
  - Honey mustard pork & maple onions

- **TUE:**
  - Chef will- crepes & grits

- **WED:**
  - Coconut curry chicken

- **THU:**
  - Chef will- cajun stir fry

- **FRI:**
  - Chef will- cajun stir fry

- **SAT:**
  - Chef’s choice

- **SUN:**
  - Chef’s choice

### SOUPS
- **2.89 | 3.80 | 4.89**

- **MONDAY:**
  - Garden vegetable

- **TUESDAY:**
  - Tomato basil bisque

- **WEDNESDAY:**
  - Curried rice & lentil soup

- **THURSDAY:**
  - Vegetable beef barley

- **FRIDAY:**
  - Vegetarian minestrone

### BREAKFAST BAR
- **0.47 per oz**

- **MONDAY:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

- **TUESDAY:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

- **WEDNESDAY:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

- **THURSDAY:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

- **FRIDAY:**
  - A variety of scrambled eggs, breakfast meats, sides, seasonal fruits and yogurt with breakfast pastries a la carte

### LUNCH FEATURE
- **0.47 per oz**

- **MONDAY:**
  - Chicken fajita

- **TUESDAY:**
  - Tomato basil tilapia

### DINNER FEATURE
- **0.47 per oz**

- **MONDAY:**
  - Turkey meatballs

### QUESTIONS?

Bahiyyih Mickler | food service director | Bahiyyih.Mickler@compass-usa.com