### ALWAYS AVAILABLE

Build a better, smarter salad! Build your own using fresh, seasonal items or enjoy one of our composed salads. We are on a mission to use wholesome ingredients that are harvested in a socially responsible way for the well being of our customers, team members and the environment.

### cafe 45 daily features

<table>
<thead>
<tr>
<th>Date</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Super $6 Meal Deal</th>
</tr>
</thead>
</table>
| Monday, June 11, 2018 | **BREAKFAST**  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
sensible breakfast: egg and cheese on whole wheat muffin  
**LUNCH**  
soup of the day: garden veggie  
so deli: grilled portobello and brie panini  
etree: smoky chili-crusted chicken  
sensible selection salad: quinoa tabouleh  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: tomato basil bisque  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: oriental chicken salad  
super $6 meal deal: spicy buffalo chicken sandwich from the deli | **LUNCH**  
soup of the day: beef barley  
so deli: asian bbq soy chicken sandwich  
etree: red curry chicken  
sensible selection salad: quinoa tabouleh  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli |
| Tuesday, June 12, 2018 | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: cunited rice and lentil  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: vegetarian minestrone  
so deli: asian bbq soy chicken sandwich  
etree: cajun grilled tilapia  
sensible selection salad: quinoa tabouleh salad  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli | **LUNCH**  
soup of the day: curried rice and lentil  
so deli: asian bbq soy chicken sandwich  
etree: red curry chicken  
sensible selection salad: quinoa tabouleh  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli |
| Wednesday, June 13, 2018 | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: tomato basil bisque  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: cunited rice and lentil  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **LUNCH**  
soup of the day: beef barley  
so deli: asian bbq soy chicken sandwich  
etree: red curry chicken  
sensible selection salad: quinoa tabouleh  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli |
| Thursday, June 14, 2018 | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: tomato basil bisque  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: cunited rice and lentil  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **LUNCH**  
soup of the day: beef barley  
so deli: asian bbq soy chicken sandwich  
etree: red curry chicken  
sensible selection salad: quinoa tabouleh  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli |
| Friday, June 15, 2018 | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: vegetable minestrone  
so deli: asian bbq soy chicken sandwich  
etree: cajun grilled tilapia  
sensible selection salad: quinoa tabouleh salad  
on the go: garden salad  
super $6 meal deal: buffalo chicken sandwich from the deli | **BREAKFAST**  
sensible breakfast: egg and cheese on whole wheat english muffin  
self-serve breakfast items: scrambled eggs and breakfast meats  
hot breakfast cereal and grits  
**LUNCH**  
soup of the day: cunited rice and lentil  
so deli: tuna salad on whole wheat  
etree: coconut curry chicken  
sensible selection salad: crispy tofu salad  
on the go: chefs salad  
super $6 meal deal: spicy buffalo chicken sandwich | **LUNCH**  
soup of the day: beef barley  
so deli: asian bbq soy chicken sandwich  
etree: red curry chicken  
sensible selection salad: quinoa tabouleh  
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super $6 meal deal: buffalo chicken sandwich from the deli |

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**AU BON PAIN**

Featuring a selection of Au Bon Pain Signature

**AMERICAN CLASSICS**

Home-style cooking and traditional flavors with regional and seasonal favorites. With endless options and a rotating menu of comfort classics for a taste of "home away from home".

**Sushi**

Sushi made fresh daily by our in-house sushi chefs.

**ON THE GO**

For appetites "on the go", choose from a daily selection of pre-packaged salads, sandwiches and wraps as well as a variety of fresh snacks.

**RESCUING FLAVOR. QUALITY.**

Imperfectly Delicious Produce is a program that utilizes non-retail Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking. The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.

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**Café Manager**

chef.manager@compass-usa.com

**Café Phone Number**

(301)402-9701

**Nih Catering**

nihcatering@compass-usa.com

(410)903-5592

**Weekday Hours**

6:30am-2:30pm, Monday-Friday

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**Chef Manager / Rodolfo.Concepcion@compass-usa.com**

**Weekend Hours**

7:00am-2:00pm, Saturday-Sunday