**Week of February 18th | Monday - Friday 6:30am - 2:30pm**

**MON** | CLOSED FOR PRESIDENTS DAY

**TUE**

**BREAKFAST HOT BAR**
Egg and cheese wheat English muffin

**LUNCH HOT BAR**
DASH-Inspired chimichurri tilapia

**SO DELI**
turkey cheddar club

**WED**

**BREAKFAST HOT BAR**
Egg and cheese wheat English muffin

**LUNCH HOT BAR**
Chicken Tikka Masala

**SO DELI**
turkey cheddar club

**THU**

**BREAKFAST HOT BAR**
Egg and cheese wheat English muffin

**LUNCH HOT BAR**
Braised chicken with smoky paprika

**SO DELI**
turkey cheddar club

**FRI**

**BREAKFAST HOT BAR**
Egg and cheese wheat English muffin

**LUNCH HOT BAR**
Cornmeal breaded catfish

**SO DELI**
turkey cheddar club

**DON’T MISS THIS**

**SAVING SAYS**

"February is American Heart Month! Look for meals inspired by NHBLI’s Dash Eating Plan on Tuesdays all month long."

**SOUP**

| 2.89 | 3.80 | 4.89 |

**MONDAY**
Tomato basil bisque

**TUESDAY**
Bean, vegetable and chipotle chili

**WEDNESDAY**
Clam chowder

**THURSDAY**
Split pea with ham

**FRIDAY**
Corn and green chile bisque

**QUESTIONS?**
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