Monday, September 17, 2018

**BREAKFAST**
- self-serve breakfast items: scrambled eggs and breakfast meats
  - $0.47/oz
- hot breakfast cereal and grits
  - $1.59 / $2.09 / $2.59
- sensible breakfast: egg white vegetables sandwich
  - $2.39

**LUNCH**
- soup of the day: tomato basil bisque
  - $2.89 / $3.80 / $4.89
- so deli: pork with bacon and cheddar
  - $8.49
- entree: spicy peanut Asian chicken
  - $0.47/oz
- sensible selection salad: marinated mushroom salad
  - $0.47/oz
- on the go: chef’s salad
  - $8.49
- super $6 meal deal: spicy buffalo chicken from the deli
  - $6.49

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Tuesday, September 18, 2018

**BREAKFAST**
- self-serve breakfast items: scrambled eggs and breakfast meats
  - $0.47/oz
- hot breakfast cereal and grits
  - $1.59 / $2.09 / $2.59
- sensible breakfast: egg white vegetables sandwich
  - $2.39

**LUNCH**
- soup of the day: minestrone
  - $2.89 / $3.80 / $4.89
- so deli: mozzarella caprese baguette
  - $8.49
- entree: spicy peanut Asian chicken
  - $0.47/oz
- sensible selection salad: marinated mushroom salad
  - $0.47/oz
- on the go: chef’s salad
  - $8.49
- super $6 meal deal: spicy buffalo chicken from the deli
  - $6.49

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Wednesday, September 19, 2018

**BREAKFAST**
- sensible breakfast: egg white vegetables sandwich
  - $2.39
- self-serve breakfast items: scrambled eggs and breakfast meats
  - $0.47/oz
- hot breakfast cereal and grits
  - $1.59 / $2.09 / $2.59

**LUNCH**
- soup of the day: curried rice & lentil soup
  - $2.89 / $3.80 / $4.89
- so deli: tuna salad on sliced wheat
  - $8.49
- entree: coconut chicken curry
  - $0.47/oz
- sensible selection salad: red beet and orange salad
  - $0.47/oz
- on the go: chef’s salad
  - $8.49
- super $6 meal deal: spicy buffalo chicken from the deli
  - $6.49

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Thursday, September 20, 2018

**Chef’s Table Today! Parisian-Inspired Crepes ‘made-to-order!” Ooh la la!**

**BREAKFAST**
- self-serve breakfast items: scrambled eggs and breakfast meats
  - $0.47/oz
- hot breakfast cereal and grits
  - $1.59 / $2.09 / $2.59

**LUNCH**
- soup of the day: chicken florentine
  - $2.89 / $3.80 / $4.89
- so deli: mozzarella caprese baguette
  - $8.49
- entree: jamaican jerk chicken
  - $0.47/oz
- sensible selection: crispy baked tofu
  - $0.47/oz
- on the go: chicken caesar salad
  - $8.49
- super $6 meal deal: buffalo chicken sandwich from the deli
  - $6.49

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Friday, September 21, 2018

**BREAKFAST**
- sensible breakfast: egg white vegetables sandwich
  - $2.39
- self-serve breakfast items: scrambled eggs and breakfast meats
  - $0.47/oz
- hot breakfast cereal and grits
  - $1.59 / $2.09 / $2.59

**LUNCH**
- soup of the day: garden vegetable
  - $2.89 / $3.80 / $4.89
- so deli: italian combo
  - $8.49
- entree: baked fish vera cruz
  - $0.47/oz
- sensible selection: marinated olive salad
  - $0.47/oz
- super $6 meal deal: buffalo chicken sandwich from the deli
  - $8.49