breakfast
assorted breakfast sandwiches 2.79 – 3.85
assorted breakfast bowls 6.50
lunch and dinner bowls 8.05 – 9.05
spaghetti with beef-pork bolognese
chicken tinda rice bowl
Spanish roasted vegetable rice bowl (vegan, lighter fare)

breakfast
assorted breakfast sandwiches 2.79 – 3.85
assorted breakfast bowls 6.50
lunch and dinner bowls 8.05 – 10.05
beef stroganoff over egg noodles
beef stroganoff over cauliflower rice (low carb)
tilapia with coconut jasmine rice and spinach
grilled vegetables with coconut jasmine rice and spinach (vegetarian)

breakfast
assorted breakfast sandwiches 2.79 – 3.85
assorted breakfast bowls 6.50
lunch and dinner bowls 8.05 – 9.05
chicken saagwala over basmati
bbq beef brisket with mashed sweet potatoes and collard greens
yellow curried vegetables over white rice (vegetarian)

breakfast
assorted breakfast sandwiches 2.79 – 3.85
assorted breakfast bowls 6.50
lunch and dinner bowls 8.05 – 9.05
pulled pork mac n cheese with bacon green beans
grilled chicken breast with brown rice and sweet potato/kale hash
whole grain penne with eggplant, cherry tomatoes and parmesan (vegetarian)

Happy New Year’s Day!
breakfast
assorted breakfast sandwiches 2.79 – 3.85
assorted breakfast bowls 6.50
lunch and dinner bowls 8.05 – 9.05
chicken fettucine Alfredo
taco seasoned tilapia with Spanish rice, roasted corn & peppers
taco seasoned tofu with Spanish rice, roasted corn & peppers (vegetarian)

breakfast
assorted breakfast sandwiches 2.79 – 3.85
lunch and dinner bowls 8.05 – 9.05
chef’s choice

breakfast
assorted breakfast sandwiches 2.79 – 3.85
lunch and dinner bowls 8.05 – 9.05
chef’s choice