Café Wellness Tour with Eurest Dietitian Savina

meet your New Year's resolution!

What: 20 minute café tour to learn about better-for-you options

Who: Any NIH employee, contractor or guest is invited to attend

Where: Building 31 Café

When: Thursday, Jan 14; 11:15am

RSVP (spaces limited): savina.sparker@compass-usa.com

After the tour stay and enjoy a ***free*** sensible selection half sandwich lunch and ***learn how lunch can support your New Year's resolution!***

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