

Café Wellness Tour with Eurest Dietitian Savina

What: 20 minute café tour to learn about better-for-you options

Who: Any NIH employee, contractor or guest is invited to attend

Where: Bldg 10, 2nd floor, ACRF Café

When: Tuesday, Jan 12; 11:15am

RSVP (spaces limited):
savina.sparker@compass-usa.com

After the tour stay and enjoy a **free** sensible selection half sandwich lunch and **learn how lunch can support your New Year's resolution!**

meet your
New Year's
resolution!



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