



## **EUREST DINING SERVICES** **EGG-ALTERNATIVE MEAL** **OPTIONS**

Avian Influenza (bird flu) and its impact on the supply of poultry and egg products continue to be of concern as quantities decrease in the U.S. We want to assure you that we are being extremely proactive in adhering to our policies and procedures in safe food handling. We are also monitoring the current state of the situation with our suppliers and government agencies, and taking actions where necessary.

While the egg and poultry industry has been hit severely, these products remain available on a limited basis at this time, and are safe per the USDA. We will continue to be innovative in introducing new menu items, while implementing alternatives and great tasting selections for our customers. Therefore, we appreciate your patience while we make these adjustments to menu items and recipes to accommodate the shortage. Please see the Dining Center Manager if you any have further questions.

To respond effectively to this egg shortage Eurest at NIH is structuring their menus with many new and delicious eggless items. You'll find new sources of protein as well as delicious whole grains to start your day right.

For weekly menu features for each Eurest location please visit: <http://www.ors.od.nih.gov/food>

Join the LISTSERV: [FOODSERVICES-L@LIST.NIH.GOV](mailto:FOODSERVICES-L@LIST.NIH.GOV)

Follow NIH Employee Services on Twitter for menu announcements: @NIHEmplSrvcs

## **EXAMPLES OF** **MENU ITEMS** **TO LOOK** **FOR:**

Sweet Potato Hash  
Breakfast Burrito (Sensible Selection, Vegan)

Black Beans and Tofu  
Burrito (Sensible Selection, Vegetarian)

Coconut Pancakes with  
Lemon Zest Yogurt  
(Sensible Selection, Vegetarian)

Whole Wheat Pancakes  
(Sensible Selection, Vegetarian)

Specialty Oatmeal

Low-fat Yogurts and  
Cottage Cheese

Turkey Sausage and  
Meatless Breakfast  
Sausage

Crepe and Waffle Bars

Yogurt and Fruit Smoothies