## WHOLE GRAINS

Join Eurest Dietitian Savina for a Cafe Wellness Tour about Whole Grains!

Tour, Samples, Demonstration and Q&A.

**Building 35 Cafe** 

Thursday, September 21 – 11:15 a.m.

**Building 31 Cafe** 

Thursday, September 28 – 11:15 a.m.

**RSVP** (spaces limited): savina.sparker@compass-usa.com



Tour led by Eurest Dietitian and Wellness Manager, Savina Sparker