cafeteria hours
6:30 to 9:30am and 11am to 2:30pm

menu for the week of
december 19, 2016

monday

sensible breakfast	egg and cheese on whole wheat english muffin	$2.29
au bon pain soup	garden vegetable	$2.59/ $3.49/ $3.99
so deli	italian hero	$6.48
flexitarian	crimini and bean chipotle chili	$7.48
sensible grill	honey dijon grilled chicken sandwich on wheat bun	$4.39
masala	tikka chicken	$8.48

tuesday

sensible breakfast	egg and cheese on whole wheat english muffin	$2.29
au bon pain soup	corn chowder	$2.59/ $3.49/ $3.99
fit deli	tuna salad on wheat half sandwich	$3.69
fit entree	honey hoisin and soy pork loin	$8.48
fit salad	roasted moroccan chic pea composed salad	$0.45/oz
create	pho	$9.48

wednesday

sensible breakfast	egg and cheese on whole wheat english muffin	$2.29
au bon pain soup	chicken gumbo	$2.59/ $3.49/ $3.99
so deli	apple cider glazed pork sandwich	$6.48
entree	wing wednesday at balance kitchen	$0.45/oz
salad bar	apple carrot slaw with mint composed salad	$0.45/oz
chef table	superfoods whole grain earth bowl	$12.48

thursday

sensible breakfast	egg and cheese on whole wheat english muffin	$2.29
au bon pain soup	chicken noodle	$2.59/ $3.49/ $3.99
so deli	caprese baguette	$6.48
entree	roast pork with grain mustard	$8.48
fit salad	honey balsamic tofu	$0.43/oz
create	asian chicken stir fry	$9.48

friday

sensible breakfast	egg and cheese on whole wheat english muffin	$2.29
au bon pain soup	clam chowder	$2.59/ $3.49/ $3.99
sensible grill	grilled chicken sandwich on whole wheat bun	$4.39
entree	fish friday at balance kitchen	$8.48
so deli carvery	herb roasted turkey	$7.48
create	turkey mushroom banh mi burger	$9.48

manager: justin bush 301-496-9698

executive chef: alex garcia 301-496-9698/ rod snipes 301496-9699

dining services provided by Eurest