<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Items</th>
<th>Prices</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday, December 18, 2017</strong></td>
<td><strong>BREAKFAST</strong>&lt;br&gt; sensible breakfast: egg and cheese on whole wheat english muffin ALL DAY&lt;br&gt; sensible selection salad: roasted sweet potato composed salad&lt;br&gt; soup of the day: stuffed baked potato&lt;br&gt; <strong>LUNCH</strong>&lt;br&gt; so deli: chicken caesar wrap&lt;br&gt; create: stir fry&lt;br&gt; flexitarian entrée: falafel pita&lt;br&gt; super $6 meal deal: chicken parmesan sandwich from the deli&lt;br&gt; <strong>DINNER</strong>&lt;br&gt; live grill: turkey burger florentine&lt;br&gt; entrée: masala</td>
<td>$2.29&lt;br&gt; $0.45/oz&lt;br&gt; $2.80/$3.80/$4.80&lt;br&gt; $6.48&lt;br&gt; $9.48&lt;br&gt; $7.48&lt;br&gt; $6.00&lt;br&gt; $5.99&lt;br&gt; $5.99</td>
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<td><strong>Tuesday, December 19, 2017</strong></td>
<td><strong>BREAKFAST</strong>&lt;br&gt; sensible breakfast: egg and cheese on whole wheat english muffin ALL DAY&lt;br&gt; sensible selection salad: quinoa and black bean composed salad&lt;br&gt; soup of the day: tomato basil bisque&lt;br&gt; <strong>LUNCH</strong>&lt;br&gt; so deli: roast beef and anguila with onion&lt;br&gt; create: pho&lt;br&gt; sensible entrée: lemon ginger grilled chicken&lt;br&gt; super $6 meal deal: chicken parmesan sandwich from the deli&lt;br&gt; <strong>DINNER</strong>&lt;br&gt; live grill: angus burger&lt;br&gt; entrée: carved sage turkey</td>
<td>$2.29&lt;br&gt; $0.45/oz&lt;br&gt; $2.80/$3.80/$4.80&lt;br&gt; $6.48&lt;br&gt; $8.48&lt;br&gt; $7.48&lt;br&gt; $6.00&lt;br&gt; $5.99&lt;br&gt; $0.45/oz</td>
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<td><strong>Wednesday, December 20, 2017</strong></td>
<td><strong>BREAKFAST</strong>&lt;br&gt; sensible breakfast: egg and cheese on whole wheat english muffin ALL DAY&lt;br&gt; sensible selection salad: crispy baked tofu&lt;br&gt; soup of the day: chicken noodle&lt;br&gt; <strong>LUNCH</strong>&lt;br&gt; so deli: buffalo califlower wrap&lt;br&gt; chefs table: featuring circa 68 BREAKFAST CLASSICS&lt;br&gt; entrée: wing wednesday at balance kitchen&lt;br&gt; super $6 meal deal: chicken parmesan sandwich from the deli&lt;br&gt; <strong>DINNER</strong>&lt;br&gt; live grill: grilled fish of the day made to order&lt;br&gt; entrée: baked potato bar</td>
<td>$2.29&lt;br&gt; $0.45/oz&lt;br&gt; $2.80 / $3.80 / $4.80&lt;br&gt; $6.48&lt;br&gt; $10.48&lt;br&gt; $0.45/oz&lt;br&gt; $6.00&lt;br&gt; $5.99&lt;br&gt; $0.45/oz</td>
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<td><strong>Thursday, December 21, 2017</strong></td>
<td><strong>BREAKFAST</strong>&lt;br&gt; sensible breakfast: egg and cheese on whole wheat english muffin ALL DAY&lt;br&gt; sensible selection salad: house made green goddess dressing&lt;br&gt; soup of the day: pasta fagoli&lt;br&gt; <strong>LUNCH</strong>&lt;br&gt; deli: sage roasted carved turkey sandwich&lt;br&gt; create: grande taco salad bowl&lt;br&gt; entrée: tex mex shredded bbq beef&lt;br&gt; super $6 meal deal: chicken parmesan sandwich from the deli&lt;br&gt; <strong>DINNER</strong>&lt;br&gt; live grill: chicken breast grilled to order&lt;br&gt; create: masala</td>
<td>$2.29&lt;br&gt; $0.45/oz&lt;br&gt; $2.80 / $3.80 / $4.80&lt;br&gt; $6.48&lt;br&gt; $9.48&lt;br&gt; $9.48&lt;br&gt; $6.00&lt;br&gt; $5.99&lt;br&gt; $5.99</td>
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For appetites "on the go", choose from a daily selection of pre-packaged salads, sandwiches and wraps as well as a variety of fresh, better-for-you snacks.

Sushi made fresh daily by our in-house sushi chefs.

Sushi with Gusto

Featuring a selection of Au Bon Pain Signature

au bon pain

Imperfectly Delicious Produce is a program that utilizes non 'retail' Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking.

The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.

Rescuing Flavor & Quality.

Executive chef: Alex Hernandez / alexander.hernandez@compass-usa.com
Sous chef: Roderick Snipes / roderick.snipes@compass-usa.com
weekday hours: 6:30am-8:00pm, Monday-Friday
weekend hours: 8:00am-6:00pm, Saturday & Sunday

For Friday, December 22, 2017:

Breakfast
- sensible breakfast: egg and cheese on whole wheat english muffin $2.29
-ensible selection salad: sweet potato and apple composed salad $0.45/oz
- soup of the day: tomato basil $2.80 / $3.80 $4.80

Lunch
- deli carvery: sage roasted turkey $5.99
- create: banh mi $9.48
- entree: fish friday at balance kitchen $8.48
- super $6 meal deal: chicken parmesan sandwich from the deli $6.00
- DINNER
  - live grill: grilled shrimp cesar salad to order $10.48
  - create: baked fish florentine $8.48

Dinner
- all day waffle bar $3.99
- LUNCH
  - entree: herb roasted chicken $8.48
  - self serve salad bar: buffalo chicken salad $0.45/oz
  - DINNER
    - grill: philly cheesesteak on artisan sub roll $5.99

For Saturday, December 23, 2017:

Breakfast
- all day waffle bar $3.99
- LUNCH
  - entree: herb roasted chicken $8.48
  - self serve salad bar: buffalo chicken salad $0.45/oz
  - DINNER
    - grill: philly cheesesteak on artisan sub roll $5.99

For Sunday, December 24, 2017:

Breakfast
- all day waffle bar $3.99
- LUNCH
  - entree: chefs choice $8.48
  - self serve bar: pasta bar $0.45/oz
  - DINNER
    - grill: bacon cheeseburger with steak fries $8.48

Café phone number: (301) 496-9698
Food service director: Justin Bush / justin.bush@compass-usa.com
Executive chef: Alex Hernandez / alexander.hernandez@compass-usa.com
Sous chef: Roderick Snipes / roderick.snipes@compass-usa.com
Weekday hours: 6:30am-8:00pm, Monday-Friday
Weekend hours: 8:00am-6:00pm, Saturday & Sunday