### Sunday, February 11, 2018

#### ALL DAY

**Breakfast**
- Sensible breakfast: egg and cheese on whole wheat English muffin
- $2.29

**Lunch**
- Sensible selection salad: arugula, chic pea and fennel composed salad
- $6.48
- Create: Earth bowl
- $9.48

**Dinner**
- Live grill: Turkey burger Florentine
- $5.09

### Monday, February 12, 2018

#### ALL DAY

**Breakfast**
- Sensible breakfast: egg and cheese on whole wheat English muffin
- $2.29

**Lunch**
- Sensible selection salad: colorful wheatberries composed salad
- $6.48
- Create: Pho
- $8.48

**Dinner**
- Live grill: Turkey burger Florentine
- $5.99

### Tuesday, February 13, 2018

#### ALL DAY

**Breakfast**
- Sensible breakfast: egg and cheese on whole wheat English muffin
- $2.29

**Lunch**
- Sensible selection salad: crispy baked tofu
- $6.48
- Create: Taco cantina
- $12.48

**Dinner**
- Live grill: Grilled fish of the day made to order
- $5.99

### Wednesday, February 14, 2018

#### ALL DAY

**Breakfast**
- Sensible breakfast: egg and cheese on whole wheat English muffin
- $2.29

**Lunch**
- Sensible selection salad: house made spinach-pesto dressing
- $6.48
- Create: Taco salad
- $9.48

**Dinner**
- Live grill: Chicken breast grilled to order
- $5.99
<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensible breakfast: egg and cheese on whole wheat english muffin</td>
<td>$2.29</td>
</tr>
<tr>
<td>Sensible selection salad: colorful wheatberries composed salad</td>
<td>ALL DAY</td>
</tr>
<tr>
<td>Soup of the day: tomato basil</td>
<td>$0.45/oz</td>
</tr>
<tr>
<td>Deli Carvery: sage roasted turkey</td>
<td>2.80 / 3.90 / 4.80</td>
</tr>
<tr>
<td>Create: bahn mi</td>
<td>$5.99</td>
</tr>
<tr>
<td>Entree: fish friday at balance kitchen</td>
<td>$8.48</td>
</tr>
<tr>
<td>Super $6 meal deal: chicken parmesan sandwich from the deli</td>
<td>$6.00</td>
</tr>
<tr>
<td>Dinner: grilled shrimp caesar salad to order</td>
<td>$10.48</td>
</tr>
<tr>
<td>Live grill: grilled shrimp caesar salad to order</td>
<td>$8.48</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lunch</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Day Waffle Bar:</td>
<td>$3.99</td>
</tr>
<tr>
<td>Entrée: Herb roasted chicken</td>
<td>$8.48</td>
</tr>
<tr>
<td>Self Serve Salad Bar:</td>
<td>$0.45/oz</td>
</tr>
<tr>
<td>Grilled Philly cheesesteak on artisan sub roll</td>
<td>$5.99</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dinner</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Day Waffle Bar:</td>
<td>$9.48</td>
</tr>
<tr>
<td>Entrée: Chef's choice:</td>
<td>$8.48</td>
</tr>
<tr>
<td>Self Serve Pasta Bar:</td>
<td>$0.45/oz</td>
</tr>
<tr>
<td>Grill: Bacon cheeseburger with steak fries</td>
<td>$8.48</td>
</tr>
</tbody>
</table>

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Friday, February 16, 2018

Saturday, February 17, 2018

Sunday, February 18, 2018

For appetites "on the go", choose from a daily selection of pre-packaged salads, sandwiches and wraps as well as a variety of fresh, better-for-you snacks.

Sushi made fresh daily by our in-house sushi chefs.

Featuring a selection of Au Bon Pain Signature

*Imperfectly Delicious Produce* is a program that utilizes non-retail Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking.

The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.

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