### Happy Martin Luther King Jr. Day

**HOLIDAY HOURS 8am-6pm**

- **breakfast:** all american breakfast buffet
  - $0.45/oz
- **soup of the day:** garden vegetable
  - $2.80/$3.80/$4.80
- **entrée:** pasta bar
  - $0.45/oz
- **live grill:** angus burger cooked to order
  - $5.99
- **dinner:** sweet teriyaki glazed pork
  - $0.45/oz

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### Monday, January 15, 2018

**BREAKFAST**

- **sensible breakfast:** egg and cheese on whole wheat english muffin
  - $2.29
- **ALL DAY**
  - **sensible selection salad:** shaved fennel composed salad
    - $0.45/oz
  - **soup of the day:** tomato basil bisque
    - $2.80/$3.80/$4.80
- **LUNCH**
  - **so deli:** crispy buffalo chicken sandwich
    - $6.48
  - **create:** pho
    - $8.48
  - **sensible entrée:** chipotle bbq chicken
    - $7.48
  - **super $6 meal deal:** chicken parmesan sandwich from the deli
    - $6.00
- **DINNER**
  - **live grill:** angus burger
    - $5.99
  - **entrée:** carved sage turkey
    - $0.45/oz

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### Tuesday, January 16, 2018

**BREAKFAST**

- **sensible breakfast:** egg and cheese on whole wheat english muffin
  - $2.29
- **ALL DAY**
  - **sensible selection salad:** crispy baked tofu
    - $0.45/oz
  - **soup of the day:** chicken noodle
    - $2.80 / $3.80 / $4.80
- **LUNCH**
  - **so deli:** classic caprese
    - $6.48
  - **chef's table:** new year, new me featuring: taco cantina
    - $12.48
  - **entrée:** wing wednesday at balance kitchen
    - $0.45/oz
  - **super $6 meal deal:** chicken parmesan sandwich from the deli
    - $6.00
- **DINNER**
  - **live grill:** grilled fish of the day made to order
    - $5.99
  - **entrée:** baked potato bar
    - $0.45/oz

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### Wednesday, January 17, 2018

**BREAKFAST**

- **sensible breakfast:** egg and cheese on whole wheat english muffin
  - $2.29
- **ALL DAY**
  - **sensible selection salad:** house made citrus dressing
    - $0.45/oz
  - **soup of the day:** pasta fagoli
    - $2.80 / $3.80 / $4.80
- **LUNCH**
  - **so deli:** sage roasted carved turkey sandwich
    - $6.48
  - **create:** zatar
    - $9.48
  - **entrée:** baked chicken with tomato and olives
    - $9.48
  - **super $6 meal deal:** chicken parmesan sandwich from the deli
    - $6.00
- **DINNER**
  - **live grill:** chicken breast grilled to order
    - $5.99
  - **create:** masala
    - $5.99

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### Thursday, January 18, 2018

**BREAKFAST**

- **sensible breakfast:** egg and cheese on whole wheat english muffin
  - $2.29
- **ALL DAY**
  - **sensible selection salad:** house made citrus dressing
    - $0.45/oz
  - **soup of the day:** pasta fagoli
    - $2.80 / $3.80 / $4.80
- **LUNCH**
  - **so deli:** sage roasted carved turkey sandwich
    - $6.48
  - **create:** zatar
    - $9.48
  - **entrée:** baked chicken with tomato and olives
    - $9.48
  - **super $6 meal deal:** chicken parmesan sandwich from the deli
    - $6.00
- **DINNER**
  - **live grill:** chicken breast grilled to order
    - $5.99
  - **create:** masala
    - $5.99
For appetites “on the go”, choose from a daily selection of pre-packaged salads, sandwiches and wraps as well as a variety of fresh, better-for-you snacks.

Sushi made fresh daily by our in-house sushi chefs.

au bon pain

Featuring a selection of Au Bon Pain Signature

Imperfectly Delicious Produce

is a program that utilizes non-retail, Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking.

The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.

Sushi made fresh daily by our in-house sushi chefs.

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Friday, January 19, 2018

<table>
<thead>
<tr>
<th>BREAKFAST</th>
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</thead>
<tbody>
<tr>
<td>sensing breakfast: egg and cheese on whole wheat english muffin</td>
<td>$2.29</td>
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<tr>
<td>ALL DAY</td>
<td></td>
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<tr>
<td>sensing selection salad: colorful quinoa composed salad</td>
<td>$0.45/oz</td>
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<tr>
<td>soup of the day: tomato basil</td>
<td>$2.80 / $3.80 / $4.80</td>
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<tr>
<td>LUNCH</td>
<td></td>
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<tr>
<td>deli carvery: sage roasted turkey</td>
<td>$5.99</td>
</tr>
<tr>
<td>create: banh mi</td>
<td>$9.48</td>
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<tr>
<td>entrée: fish friday at balance kitchen</td>
<td>$8.48</td>
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<tr>
<td>super $6 meal deal: chicken parmesan sandwich from the deli</td>
<td>$6.00</td>
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<tr>
<td>DINNER</td>
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<tr>
<td>live grill: grilled shrimp caesar salad to order</td>
<td>$10.48</td>
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<tr>
<td>create: baked fish florentine</td>
<td>$8.48</td>
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Saturday, January 20, 2018

<table>
<thead>
<tr>
<th>BREAKFAST</th>
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</thead>
<tbody>
<tr>
<td>all day waffle bar</td>
<td>$3.99</td>
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<tr>
<td>LUNCH</td>
<td></td>
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<tr>
<td>entrée: herb roasted chicken</td>
<td>$8.48</td>
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<tr>
<td>self serve salad bar: buffalo chicken salad</td>
<td>$0.45/oz</td>
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<tr>
<td>DINNER</td>
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<tr>
<td>grill: philly cheesesteak on artisan sub roll</td>
<td>$5.99</td>
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Sunday, January 21, 2018

<table>
<thead>
<tr>
<th>BREAKFAST</th>
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</thead>
<tbody>
<tr>
<td>all day waffle bar</td>
<td>$3.99</td>
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<tr>
<td>LUNCH</td>
<td></td>
</tr>
<tr>
<td>entrée: chef’s choice</td>
<td>$8.48</td>
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<tr>
<td>self serve bar: pasta bar</td>
<td>$0.45/oz</td>
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<tr>
<td>DINNER</td>
<td></td>
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<tr>
<td>grill: bacon cheeseburger with steak fries</td>
<td>$8.48</td>
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