February is American Heart Month

#MoveWithHeart

look for the “sensible selection” logo or “savina says” icon to identify better-for-you meals & snacks and wellness tips from Savina, our on-site dietitian!

ALWAYS AVAILABLE

Sensible Break: egg and cheese on whole wheat english muffin $2.29
Self-serve breakfast items: scrambled eggs and breakfast meats $2.29
Hot breakfast cereal and grits $1.50 / $2.00 / $2.50

LUNCH

Soup of the day: tomato bisque soup $2.80 / $3.80 / $4.80
So deli: Italian combo sandwich $7.99
Entrée: Tuscan pork loin $0.45/oz
Sensible selection salad: red beet and orange salad $0.45/oz
On the go: chef salad $8.29
Super $6 meal deal: buffalo chicken sandwich from the deli $6.00

Monday, February 19, 2018

closed

holiday

Tuesday, February 20, 2018

BREAKFAST

Sensible breakfast: egg and cheese on whole wheat english muffin $2.29
Self-serve breakfast items: scrambled eggs and breakfast meats $2.29
Hot breakfast cereal and grits $1.50 / $2.00 / $2.50

LUNCH

Soup of the day: curried rice and lentil soup $2.80 / $3.80 / $4.80
So deli: buffalo chicken wrap $7.99
Entrée: masala feature: coconut curried chicken $0.45/oz
Sensible selection salad: crispy tofu $0.45/oz
On the go: Cobb salad $8.29
Super $6 meal deal: buffalo chicken sandwich from the deli $6.00

Wednesday, February 21, 2018

BREAKFAST

Sensible breakfast: egg and cheese on whole wheat english muffin $2.29
Self-serve breakfast items: scrambled eggs and breakfast meats $2.29
Hot breakfast cereal and grits $1.50 / $2.00 / $2.50

LUNCH

Soup of the day: beef vegetable barley soup $2.80 / $3.80 / $4.80
So deli: chicken Caesar wrap $7.99
Entrée: jamaican jerk chicken $0.45/oz
Sensible selection salad: cooked quinoa $0.45/oz
On the go: garden salad $8.29
Super $6 meal deal: buffalo chicken sandwich from the deli $6.00

Thursday, February 22, 2018

BREAKFAST

Sensible breakfast: egg and cheese on whole wheat english muffin $2.29
Self-serve breakfast items: scrambled eggs and breakfast meats $2.29
Hot breakfast cereal and grits $1.50 / $2.00 / $2.50

LUNCH

Soup of the day: beef vegetable barley soup $2.80 / $3.80 / $4.80
So deli: chicken Caesar wrap $7.99
Entrée: jamaican jerk chicken $0.45/oz
Sensible selection salad: cooked quinoa $0.45/oz
On the go: garden salad $8.29
Super $6 meal deal: buffalo chicken sandwich from the deli $6.00

ALWAYS AVAILABLE

Build a better, smarter salad! Build your own using fresh, seasonal items or enjoy one of our composed salads. We are on a mission to use wholesome ingredients that are harvested in a socially responsible way for the well being of our customers, team members and the environment.

au bon pain

Featuring a selection of Au Bon Pain Signature

American Classics

Home-style cooking and traditional flavors with regional and seasonal favorites. With endless options and a rotating menu of comfort classics for a taste of “home away from home”.

Sushi made fresh daily by our in-house sushi chefs.

On the Go

For appetites “on the go”, choose from a daily selection of pre-packaged salads, sandwiches and wraps as well as a variety of fresh snacks.
**Imperfectly Delicious Produce** is a program that utilizes non-retail Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking. The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.

<table>
<thead>
<tr>
<th>BREAKFAST</th>
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<tbody>
<tr>
<td>sensible breakfast: egg and cheese on whole wheat English muffin</td>
<td>$2.29</td>
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<tr>
<td>self-serve breakfast: scrambled eggs and breakfast meats</td>
<td>vary</td>
</tr>
<tr>
<td>hot breakfast cereal and grits</td>
<td>$1.50 / $2.00 / $2.50</td>
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<table>
<thead>
<tr>
<th>LUNCH</th>
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<tbody>
<tr>
<td>soup of the day: minestrone</td>
<td>$2.80 / $3.80 / $4.80</td>
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<tr>
<td>so deli: vegetable sub with hummus</td>
<td>$7.99</td>
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<tr>
<td>entrée: basa vera cruz</td>
<td>$0.45/oz</td>
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<tr>
<td>sensible selection salad: house made vinaigrette</td>
<td>$0.45/oz</td>
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<tr>
<td>super $6 meal deal: buffalo chicken sandwich from the deli</td>
<td>$6.00</td>
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