February is American Heart Month

#MoveWithHeart

look for the “sensible selection” logo or “savina says” icon to identify better-for-you meals & snacks and wellness tips from Savina, our on-site dietitian!
Imperfectly Delicious Produce is a program that utilizes non retail Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking. The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.