#newfoodnewme

Monday, January 15, 2018

closed in observance of martin luther king jr. day

Tuesday, January 16, 2018

BREAKFAST
- sensible breakfast: egg and cheese on whole wheat english muffin $2.29
- self-serve breakfast items: scrambled eggs and breakfast meats $2.99
- hot breakfast cereal and grits $1.50 / $2.00 / $2.50
LUNCH
- soup of the day: tomato bisque soup $2.80 / $3.80 / $4.80
- so deli: italian combo sandwich $7.99
- entree: chipotle bbq chicken $0.45/oz
- sensible selection salad: quinoa tabouleh $0.45/oz
- on the go: chef salad $8.29
- super $6 meal deal: chicken pamesan sandwich from the deli $6.00

ADVANCED FEATURES
- Sushi made fresh daily by our in-house sushi chefs

Wednesday, January 17, 2018

BREAKFAST
- sensible breakfast: egg and cheese on whole wheat english muffin $2.29
- self-serve breakfast items: scrambled eggs and breakfast meats $2.99
- hot breakfast cereal and grits $1.50 / $2.00 / $2.50
LUNCH
- soup of the day: curried rice and lentil soup $2.80 / $3.80 / $4.80
- so deli: buffalo chicken wrap $7.99
- entree: masala feature: coconut curry chicken $0.45/oz
- sensible salad: crispy tofu $0.45/oz
- on the go: garden salad $8.29
- super $6 meal deal: chicken pamesan sandwich from the deli $6.00

ADVANCED FEATURES
- Sushi made fresh daily by our in-house sushi chefs

Thursday, January 18, 2018

BREAKFAST
- sensible breakfast: egg and cheese on whole wheat english muffin $2.29
- self-serve breakfast items: scrambled eggs and breakfast meats $2.99
- hot breakfast cereal and grits $1.50 / $2.00 / $2.50
LUNCH
- soup of the day: beef vegetable barley soup $2.80 / $3.80 / $4.80
- so deli: chicken caesar wrap $7.99
- entree: braised sicilian chicken stew $0.45/oz
- sensible selection: shaved fennel salad $0.45/oz
- on the go: garden salad $8.29
- super $6 meal deal: chicken pamesan sandwich from the deli $6.00

ADVANCED FEATURES
- Sushi made fresh daily by our in-house sushi chefs
Imperfectly Delicious Produce is a program that utilizes non-retail Grade A fruits and vegetables that have slight cosmetic imperfections. This produce is typically left un-harvested in the field or discarded but it would be perfectly suitable for cooking. The IDP program allows Compass chefs to find a home for everything that is good and edible and save thousands of pounds per year from going to waste.