The National Institutes of Health (NIH) is a world premier biomedical research institution dedicated to improving human health. The Division of Occupational Health and Safety (DOHS) is the NIH service organization dedicated to assisting the NIH Community in preserving a safe and healthful workplace for all of our personnel.

Training is essential for achieving consistent safe operations in the workplace as well as reducing injuries and illnesses. The Occupational Safety and Health Administration (OSHA) stresses safety training in their regulations to ensure that personnel understand their responsibility and accountability for a safe and healthful work place.

DOHS provides training at the NIH Organization level to comply with Federal, State and local laws, policies and regulations. Further training on Standard Operating Procedures in the laboratory is also required to ensure safety for personnel. As technologies in the laboratory evolve, training must match the situations.

Please contact our office for assistance with your concerns or questions regarding safety and health at work. 301-496-2346.

For further information regarding Occupational Health and Safety Programs at the NIH, please visit our website:
https://www.ors.od.nih.gov/sr/dohs/Pages/default.aspx

Register for training at
https://www.safetytraining.nih.gov

Division of Occupational Health and Safety
13 South Drive, MSC 5760
Building 13, Room 3K04
Bethesda, MD 20892-5760
Phone: 301-496-2960
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Required Laboratory Training at a Glance

Depending upon the work you perform in the laboratory at NIH, various levels of training are required to meet legal requirements. All lab employees should begin laboratory safety training within 30 days of employment.

### ALL LAB PERSONNEL REQUIREMENTS

- **On-line Introduction to Laboratory**
  - “NIH Laboratory Safety 101” on-line
  - “Laboratory Safety at the NIH” – classroom (Mandatory for personnel in Baltimore only)
  - “S.T.A.R.S. Learn by Doing” classroom (ages 21 and younger—May thru July)

- **On-line Lab Safety Refresher Class** (Required Annually)

### WORKING WITH HUMAN BLOOD, OR OTHER POTENTIALLY INFECTIOUS MATERIAL?

- All classes listed above, **Plus:**
  - “Working Safely with HIV and Other Bloodborne Pathogens for Non-Hospital Personnel” on-line

- **On-line Bloodborne Pathogen Refresher class** (Required annually)

### WORKING IN A BSL-3 LABORATORY?

- All classes listed above, **Plus:**
  - Biosafety Level 3 Training (Required Annually)

### Most Courses On-line

- “Laboratory Safety at the NIH” and “Working Safely with HIV and Other Bloodborne Pathogens for Non-Hospital Employees” are **On-line courses**

Main campus classroom courses for “Laboratory Safety at the NIH” and “Working safely with HIV and Other Bloodborne Pathogens” have been discontinued. Baltimore researchers still require an in-person classroom course.

### Summer Students arriving in May, June and July have special training requirements.

Students 21 and younger, who have not worked at NIH previously, must complete an in-person training. The STARS Learn by Doing class is a small group training that promotes critical thinking skills needed to stay safe in the laboratory environment.

Safety training for laboratory work must be completed within 30 days of start of work.

Register for training at: [https://www.safetytraining.nih.gov](https://www.safetytraining.nih.gov)

### Safety Training Courses

- Introduction to Lab Safety - On-Line Training
- NIH Laboratory Safety 101
- S.T.A.R.S. "Learn by Doing" Lab Safety Training
- Laboratory Safety Refresher Course - On-line Training
- Laboratory Safety Refresher Course - LIVE
- Working Safely with HIV and Other Bloodborne Pathogens for Non-Hospital Personnel
- Bloodborne Pathogen Refresher Course - On-line Training
- Biological Safety Level 3 Training
- Biosafety Level 3 Training for Support Personnel
- Select Agent Program Training
- Bloodborne Pathogen Training for Police Officers
- Bloodborne Pathogen Training for Firefighters

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